# Radioiodine treatment for Hyperthyroid Cats

# **Case Selection**

# 1. Newly diagnosed

#### Clinical history may include:

- Polyphagia
- Weight loss
- Increased activity
- Sickness
- Diarrhoea
- PU PD
- Tachypnoea

### Physical findings may include:

- Goitre
- Tachycardia
- Low body condition score
- Low muscle score
- Hypertension

#### Diagnostics include:

 Total T4 above reference interval



#### Which tests?

#### Prior to referral we require:

- Haematology Endocrinology
- Biochemistry Electrolytes
  - and TSH

# including total T4

#### Prior to referral we strongly encourage:

- Urinalysis to include SG and UPC
- BP estimation and retinal fundoscopy

# 2. Established well-controlled diagnosis

• As 1 but euthyroid using methimazole or iodine-depleted diet.

#### Do not change REFER medication

Call to discuss

Hyperthyroid REFER

# REFER

**REFER** 

0345 544 4300

Cat Centre®

# **Referral Options**

#### Which laboratory?

Whenever possible please send all submissions to IDEXX Wetherby using your own account with our Panel Codes, or our IDEXX Submission Form (available at www.hyperthyroidcatcentre.co.uk or by calling us on 0345 544 4300). This avoids variability between different laboratories.

# Register at www.hyperthyroidcatcentre.co.uk

- Complete on-line referral form
- Upload clinical history
- Upload laboratory results
- Give Client Information Booklet to client\*

# Without registering at www.hyperthyroidcatcentre.co.uk

- Download interactive pdf referral form and return via email enquiries@hyperthyroidcatcentre.co.uk, with clinical history and laboratory results
- Download pdf referral form and print it, complete and return via fax or post, with clinical history and lab results
- Give Client Information Booklet to client\*

### Fax or post

# Clinical history and laboratory results

- Fax: **0345 544 0300**
- Address: 433 Birch Park, Thorp Arch, Wetherby, West Yorkshire LS23 7FG
- Give Client Information Booklet to client\*

### Call us on 0345 544 4300

Give Client Information Booklet to client\*

\*available as pdf at our website or in paper form on request

# 3. Unstable diagnosis or with co-morbities

#### As 1 but may include

- Diabetes mellitus
- Congestive heart failure
- Chronic renal disease
- Pancreatitis

# 4. Ambiguous diagnosis

Hypertension

FeLV / FIV / Coronavirus

Prior thyroidectomies

- Clinical history and physical findings may be subtle or absent
- Diagnostics typically total T4 in upper third of euthyroid range

### **Options include:**

- Re-test the current sample using reference laboratory
- Test free T4 on the current sample
- Test TSH on the current sample
- Check for co-morbidities (that may depress T4 to euthyroid range)
- Consider scintigraphy
- Repeat the above in 6-8 weeks' time

# Call to discuss

# Total T4 is:

Diagnostic when above RI

Which thyroid function tests?

- Supportive when in upper third of RI
- Sensitive to NTI and in FH cats can be depressed to upper third of RI

#### Free T4:

**Option 1** 

**Option 2** 

Option 3

**Option 4** 

- Excludes FH when in RI
- Not affected by NTI
- Can exceed RI in ~16% of euthyroid cats

#### TSH:

- Depressed below RI in ~99% of FH
- Supports FH when above RI Depressed below RI in ~40% of euthyroid cats
  - Not a validated test in cats
  - Levels above 1ng/ml may support hypothyroidism